**CORONAVIRUS AND DOMESTIC VIOLENCE**

**Domestic Violence Occurs at High Rates**

Nationally, 1 in 3 women and 1 in 4 men will be victims of domestic violence in their lifetime[i-ii].

**Domestic Violence Reports Have Increased in China**

- Reports of domestic violence to local police in January 2020 were double 2019 levels [iii].
- In February, the reports were tripled from last year [iv].
- Local non-profits have reported that 90 percent of the cases they see had a COVID-19 related trigger for the violence [v].

**Rates Will Likely Increase in the United States**

- Social distancing and lock downs isolate survivors.
- Survivors may fear relying on family/friends if they are at greater risk (such as elderly parents).
- There have already been many reports of people who cause harm withholding financial or medical assistance from survivors [vi].
- There are now additional stressors on couples due to the economic and financial ramifications of COVID-19.
- People who cause harm may feel that they can act with impunity as survivors have decreased ability to leave during this time.

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**How You Can Help:**

1. **Share Information**
   Share hotline numbers and other resources to help providers reach all survivors.
   **Illinois Domestic Violence Hotline:**
   1-877-863-6338
   Call or Text 24/7
   **National Domestic Violence Hotline:**
   1-800-799-7233
   1-800-787-3224 (TTY)

2. **Donate**
   Support organizations financially, if you can.
   OR reach out to your local shelter and see how you can help them during this time.

3. **Follow Guidelines**
   **Set by Health Officials**
   Help lessen the burden on providers by adhering to CDC guidelines.
   Practice social distancing.
   Wash your hands.
   Stay up to date on all guidelines at cdc.gov/coronavirus

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[ii] The Network recognizes that non-binary and transgender people experience domestic violence.
There are limited statistics available on their experiences at this time.
[iv] Ibid.
[v] Ibid.