



SERENDIPITY  
yoga

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# South Suburban Family Shelter Fundraiser

Saturday, October 12<sup>th</sup>

Did you know that Homewood is the home of a domestic violence agency? For almost 40 years, South Suburban Family Shelter (SSFS), has provided comprehensive, coordinated services to families in which domestic violence exists. They are able to provide a wide variety of services free of charge due to the help of people like you.

Join us on **Saturday, October 12** for class where **100% of ALL proceeds from ALL classes will be donated to SSFS!** Unable to join us on the 12th, no worries, we will be collecting donations all month long to help families in the south suburbs.

7:30 am Flow with Liz\*

9:00 am Hatha for Beginners with Liz\*

10:30 am Yoga for Kids {ages 2-5} with Liz\*

*\*Regular class packages & memberships will not apply. All classes will be donation based. Give as much or as little as you wish. Help us support this important local cause.*

*October is annually acknowledged as domestic violence awareness month (DVAM). This year SSFS has decided to start a campaign with the theme of the month being "Be the Change". As an agency they believe that change is possible for all and would like to eventually see a violence free world. SSFS believes that everyone can play a part in being the change through big and small actions alike. Whether you run a marathon to raise awareness or you smile at every person you see, each action makes this world a little brighter and encourages change.*